



Temecula Valley Autism Support & Resource Guide

(Serving Temecula, Murrieta, Menifee, Lake Elsinore, Wildomar, Hemet, and surrounding communities)

Regional & Government Resources

- **Inland Regional Center (IRC)**
 <https://www.inlandrc.org>
 (909) 890-3000
Supports individuals with developmental disabilities and their families with case management, respite, and early intervention programs.
- **California Department of Developmental Services (DDS)**
 <https://www.dds.ca.gov>
Oversees services for individuals with developmental disabilities including autism.
- **Riverside County Department of Public Social Services (DPSS)**
 <https://dpss.co.riverside.ca.us>
 (951) 358-3000
Offers Medi-Cal, CalFresh, In-Home Supportive Services (IHSS), and other benefits.
- **Riverside University Health System – Behavioral Health (RUHS-BH)**
 <https://www.ruhealth.org>
 (951) 955-7150
Provides mental health and substance use services for children and adults.
- **Early Start Program – California**
 <https://www.dds.ca.gov/services/early-start>
Free early intervention services for children under age 3 with developmental delays.

Autism-Specific Resources

- **Autism Society Inland Empire**
 <https://www.autismsocietyie.org>

 (951) 220-6922

Provides family support, workshops, social events, and advocacy.

- **Autism Speaks Southern California Resources**

 <https://www.autismspeaks.org/local/california>

National organization offering toolkits, local events, and advocacy resources.

- **IEHP (Inland Empire Health Plan)**

 <https://www.iehp.org>

 (866) 294-4347

Provides Medi-Cal and health coverage for families, including autism-related services and referrals.

Family & Community Support

- **Parent Support & Training – Exceptional Parents Unlimited**

 <https://www.epuchildren.org>

Parent workshops, support groups, and education for families of children with disabilities.

- **Riverside County SELPA (Special Education Local Plan Area)**

 <https://www.riversidecountyselpa.org>

Connects families to local school district resources and Individualized Education Program (IEP) support.

- **Temecula Valley Unified School District – Special Education Department**

 <https://www.tvusd.k12.ca.us/domain/76>

Supports families navigating IEPs, behavioral interventions, and school accommodations.

Local Support & Recreation

- **City of Temecula – Special Needs Programs**

 <https://temeculaca.gov>

Offers inclusive recreation programs and family events for individuals with disabilities.

- **Boys & Girls Club of Southwest County**

 <https://www.bgcswc.org>

 (951) 699-1529

Provides after-school activities and support for children and teens.

- **Southwest Family YMCA**

 <https://www.ymcasd.org>

Inclusive programs promoting fitness, community engagement, and support.

About ASAP ABA



ASAP ABA creates pathways nurturing potential and advancing excellence for those on the spectrum, their families, and ABA professionals worldwide. We provide compassionate, results-driven Applied Behavior Analysis (ABA) therapy (in-home and Telehealth) , remote supervision, and professional training—empowering growth through ABA, virtually anywhere.



ASAP ABA – Accessible Support for Autism Pathways

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